

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

April 4, 2016

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

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For the next three Sundays, I want to share with you scriptures that have shaped my life. You may prepare your heart for each message by reading Proverbs 3:5-6, Philippians 4:13 and John 3:16. Pray for each of these services of worship during April. Make it your priority to be present and invite someone to join you in each worship service.

To God Be the Glory! Charles



The Hospitality Committee would like to thank all those who brought food and helped with set-up and clean-up this past Sunday at the luncheon for Pastor Charles and Glora. We appreciate everyone's help in making this another successful event!



THOUGHT FOR THE WEEK

Mount Washington located in the Presidential Range of Mountains in New Hampshire is part of the White Mountain National Park and has the distinction of being the highest Peak in the northeastern United States.

Mount Washington is in the category of magnificent, awesome, mind boggling and spectacular. It has the reputation of being one of the most erratic weather places on earth. Freezing temperatures have been known to reach a minus 59

degrees (January 5, 1871). The mountain is known for its 96.9 inches of rainfall annually and 280 inches of snowfall yearly. On the afternoon of April 12, 1934 the wind was clocked at 231 mph.

The Mountain is accessible by car, cog train or hiking all with their risks. The view from the summit is spectacular covering 6 States, and on a rare clear day you can see the Atlantic Ocean 87 miles away.

Gloria and I just happened to be at the summit of Mount Washington on one of those rare clear days and we did see the Atlantic Ocean. A view from the mountain top, Mount Washington or any other mountain is far more exciting and edifying than say, a view from midway up the mountain or even lower.

Our experience at Mount Washington has helped me get perspective on life. Life sometimes throws extremes at us like those of a mountain. Life is unpredictable and not always easily navigated. Our understanding of life is rarely as clear as we would like for it to be. And life is certainly not without risks.

The Psalmist said, "I lift up my eyes to the hills - where does my help come from? My help comes from the Lord. The Psalmist, you see, saw in the hills risk from enemies who hid there, danger, erratic sights and uncontrollable conditions. So what did he do? He looked above and beyond the mountains for his help - help from the Lord.

You and I need that help which comes from above - help that has a clearer vision than we can possible have down in the valley of trouble. We have the assurance that God watches over us. He sees our situation. He knows our need and he is ready and willing to watch over our lives. Let Psalm 121 guide your thoughts and lift your spirit this week.

In His Love,
Charles

Church office contact information:

Pastor • Charles Allard

Office: 781-5345 • Home: 919-606-8360

Office hours: Mon. 9am-12pm Mon.
afternoon & Tues. by appointment

Secretary • Peggy Utley

cvbc@crabtreevalleybaptist.org

Music Director • April Brown

music@crabtreevalleybaptist.org

Youth Leader • Andrew McCullagh

youth@crabtreevalleybaptist.org

Website updates/maintenance

webmaster@crabtreevalleybaptist.org

Weekly Church Calendar

EACH SUNDAY

*9:45am Sunday School
 *11:00am Worship Service
 *Child care provided downstairs.
 2:00-7:00pm Kenyan Fellowship

EACH MONDAY:

9:00am-12:00pm Hope Pantry is open

EACH TUESDAY:

6:00-8:00pm Kenyan Fellowship

EACH WEDNESDAY:

9:00am-12:00pm Hope Pantry is open
 6:30pm Children and Youth Mission groups
 7:00pm Bible study & Prayer
 8:00pm Choir Practice

EACH THURSDAY:

8:00pm Gamblers Anonymous

EACH FRIDAY: 7:00-10:30pm Kenyan Fellowship

MONTHLY: (4th Thursday of each month)

Young Hearts (Senior Adults)

Calendar of Events:

Each Wednesday

6:30pm Children and Youth Mission groups
 7:00pm Bible study & Prayer
 8:00pm Choir Practice

Monday, April 18

7:00pm Deacons meeting

Fri, April 22-Sat, April 23

Youth: 30 Hour Famine
 See Andrew if you need more information

Sunday, April 24

Business meeting

Attendance 4/4

Sunday School	37
Visitors	2
Total	39

Worship Attendance: 58

Deacon for this week: 4/10 Shirley Keener

Deacon for next week: 4/17 Peninah Brown

Properties for April

Steve Wheeler

Ushers for April

Randy Walker Walt Switzer
 Ben Best Shirley Keener



SHARE THE SONSHINE

Make a call, a visit or send a card!

This week: April 3-9 Johnnie Grubbs

Next week: April 10-16 Rick and Pam Bilbro

PRAYER CONCERNS:

HOME:

Greg Small
 Lee Snyder
 Ed & Cassie Glover
 Pam Bilbro

REHAB & CARE FACILITIES:

Al Coley – Sunrise at North Hills – Room 286
 Wilton Harris – Heritage Woods Ret. Comm. - W-S
 Jean Greene – Snow Hill Asst. Living - Snow Hill, NC
 Mary Cain – PO Box 806 Springmoor Circle 27615



30 Hour Famine

Fri. April 22 thru Sat. April 23

The Youth will be participating in the 30 Hour Famine event with Calvary Presbyterian Church. This event starts with a lock-in on Friday night, and we will be breaking our fast at 6:00am on Saturday. During this time the Youth will be abstaining from eating while learning about how those around the world are affected by hunger and poverty. On Saturday from 9:00-11:30am we will be working at CVBC to improve the church's exterior through clean up, landscaping, and other projects that come to our attention. Things needed for the work would be rakes, leaf blowers, limb cutters, wheelbarrows, gloves, and any other tools we could use. All helping hands would be appreciated!



We are in need of the following items:

Canned fruit, Jelly
 Plastic bottles of apple juice
 Canned or powdered/shelf milk
 Canned Ravioli, Spaghetti, etc
 Vienna sausages, Spam, Chicken
 Spaghetti noodles & cans of sauce
 Mac & Cheese
 Grits
 Potatoes (canned or instant)
 Bar soap, toilet paper, toothpaste/brushes