

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

August 11, 2014

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org)

Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Facebook: Crabtree Valley Baptist Church

Twitter: CrabtreeBaptist



### Training Extravaganza Saturday, August 16, 2014

Location: Trinity Baptist Church

4815 Six Forks Road, Raleigh, NC 27609

**63 conferences ...unlimited possibilities!**

A variety of conferences are offered for church staff, lay leadership and every leader of your church. For more detailed information, you can check the website: [www.raleighbaptists.org](http://www.raleighbaptists.org) Also, there are posters at church that list all of the sessions, and handouts with details are available in the narthex.

#### Continental Breakfast 8:00 - 8:30 am

(Donations accepted for breakfast)

#### Session One 8:45 - 9:45 am

Break 9:45 - 10:00 am

#### Session Two 10:00 - 11:00 am

Break 11:00 - 11:15 am

#### Session Three 11:15 - 12:15 pm

*All of the above are FREE!*

**\*12:30 - 2:30:**

#### Lunch and Leadership Lab

**\*NEW this year - Pre-registration required, \$20 for boxed lunch, book and materials Call 919-231-3995 to make reservation.** The Leadership Lab will focus on "Navigating Change," understanding and leading healthy church transitions



I'm headed for the beach again this afternoon. I am fortunate enough to have a daughter who not only has a place at Atlantic Beach but also has a son who occasionally needs more than one set of eyes watching him. This is not a problem for me since I love going to the beach.

What makes the beach so special? I don't actually remember seeing the beach until I was about 10 or 11 years old. Until then, we used our precious vacation time to see relatives and spend time on our boat at the Chesapeake Bay. And then it happened. My parents, my aunt and uncle and my 2 cousins took off for Myrtle Beach. From our home in Virginia it was 7-8 hours in a car with no AC but it was worth it!! My first exposure to beach life was the crowded sand and noisy arcades of Myrtle Beach - and as a kid, I loved it. We made several more trips as a family as I grew up, including one to Nags Head. But it wasn't until after Steve and I were married that I discovered the gifts the sea really had to offer.

In the summer of 1977, Steve and I had our first real vacation together. We joined his family at Emerald Isle for a week. It was a great time to get to know each other and to just sit and enjoy the experience on the beach. Steve's nephews were with us and it was fun to help with them but there was also a lot of time to spend just sitting under the umbrella and listen to the waves. To me, that's the real treasure of going to the beach. I love to just sit and listen to waves splash and birds call. I love feeling the perpetual breezes that blow at the beach. I love feeling the warmth of the sun and listening to the kids laugh and play in the sand. Walking around the docks at Morehead City offers the gentle lapping of the water against the boats and the clamorous squawking of the sea gulls hoping for a treat. I especially love hearing my grandson shout, "Gigi, it's a 'copter." "Gigi, boat, boat!" "Gigi, bird!" Even sitting on the balcony listening to the rain is a good thing to me.

All of these sensory experiences remind us that there are things beyond ourselves. If you don't live at the beach, all these things are new and different. Vacations themselves offer us time to relax and get away from our usual routines. We don't feel guilty when we just sit and think and listen and feel. At the beach, it is easier to really appreciate the beauty of our world. We can see and experience the awesome wonders God has created for us. To me, it's a wonderful thing. God is so good to us!!

Now...if I can just talk my daughter into getting a place in the mountains...

*Submitted by Linda Wheeler*

#### Church office contact information:

Pastor • Nola Boezeman

[pastor@crabtreevalleybaptist.org](mailto:pastor@crabtreevalleybaptist.org)

Office hours: Mon-Tues: 8am-3pm

& Wed: 8am-2pm

Secretary • Peggy Utley

[cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org)

Mon-Thurs, 9am-3pm

Website maintenance:

[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)

## Weekly Church Calendar:

### EACH SUNDAY

\*9:45am Sunday School  
 \*11:00am Worship Service  
 \*Child care provided downstairs.  
 2:30-7:00pm Kenyan Fellowship

### EACH MONDAY AND WEDNESDAY

9:00am-12:00pm Hope Pantry is open

EACH TUESDAY: 6:00-7:30pm Kenyan Fellowship

### EACH WEDNESDAY:

1:00pm Bible study  
 6:30pm Children and Youth Mission groups  
 7:00pm Bible study & Prayer  
 7:45pm Choir Practice

### EACH THURSDAY:

8:00pm Gamblers Anonymous

EACH FRIDAY: 7:00-9:30pm Kenyan Fellowship

MONTHLY: (4<sup>th</sup> Thursday of each month)

6:00pm Young Hearts (Senior Adults)

## Calendar of Events

### Wednesday, August 20

1:00pm Bible study with Pastor Nola  
 7:00pm David Viano – Mission work in Japan

### Sunday, August 24

Communion  
 Crabtree Cafe  
 Business meeting (following Crabtree Cafe)

### Sunday, August 31

5<sup>th</sup> Sunday – Benevolent offering

## Attendance 8/10

Sunday School 34

Visitors

Total 34

*Worship Attendance: 60*

**Deacon for this week:** 8/17 Barbara Best

**Deacon for next week:** 8/24 Walt Switzer

## Greeter Schedule (front entrance)

8/17 Anne Jenkins 8/24 Youth

## Properties for August

Randy Walker

## Ushers for August

**Randy Walker** Bobby Hayes  
 Walt Switzer David Jenkins  
*Alternate: Robert Best*



*SHARE THE SONSHINE*

**This week, August 10-16:** Jim and Jean Greene

**Next week, August 17-23:** Ed and Cassie Glover

Pick up your copy of the "Share the Sonshine" calendar on the table in the church narthex. *Let's Share the Sonshine!*

## PRAYER CONCERNS:

### HOME:

Gerry Campbell  
 Jim Weaver  
 Mildred Jenkins  
 Cassie Glover  
 Susan Carden – Frances Viano's daughter  
 Lee Snyder  
 Jean Greene  
 Pam Bilbro

### REHAB & CARE FACILITIES:

Lois Capps – Rex Rehab - Apex  
 Al Coley – Sunrise at North Hills – Room 286  
 Wilton Harris – Heritage Woods Ret. Comm. - Winston-Salem



**Missions Near and Far:** Francis Viano's son, David Viano, will be here next Wednesday, August 20 at 7:00pm to speak about his missions work in Japan.

"Missions Near and Far" is one of the seven "values" that the congregation approved unanimously at the last business meeting. Other values include: worship, prayer and Bible study; music ministry; welcoming and celebrating our differences; generosity through our gifts and service; building and growing relationships; and outreach in the local community.



### **Yoga, Anyone?**

Sign up in the Narthex if you are interested in taking a free/donation-based weekday Christian yoga class at the church. The instructor is a seminary friend of Pastor Nola who is offering to do this as part of her ministry. We need a core group of CVBC people to get it started. Those who sign up will help determine the day/time that the class will be offered. This has the potential of being an "outreach in the local community" for local professionals or stay-at-home moms/dads as well as an opportunity to "build and grow relationships." See Pastor Nola if you want more information.



Families with children, who are already struggling to put food on the table, need even more help during the summer months when kids are out of school. Please continue to support the Hope Pantry ministry by donating on a regular basis. *Thank you!*