

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

August 18, 2014

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Facebook: Crabtree Valley Baptist Church Twitter: CrabtreeBaptist



“Abundant Christian Living”
*“I came that they may have life,
and have it more abundantly.”*
(John 10:10b)

August 31- Romans 12

“Being Known by Our Love”

September 7 - Romans 13:8-14

“Putting on Christ”

September 14 - Romans 14:1-12

“Welcoming Others”

September 21 - Philippians 1:21-30

“Boasting in Christ”

September 28 - Philippians 2:1-13

“Imitating Christ’s Humility”



Crabtree Cafe & Business meeting
Sunday, August 24

Menu: *Shepherd’s Pie, salad,
desserts and drinks.*

Donations for the meal will be given back to the church budget, as our thank you, for supporting the Youth.



There are two activities that are hugely popular these days. One is the Ice Bucket Challenge for ALS. This is a fund raiser for the ALS Association and requires that you make a video of someone dumping a bucket of ice water over your head. Then you post the video to social media (like Facebook) and challenge three others to either do the same or make a donation to ALS. Sounds silly, but millions of dollars have already been raised. I’m guessing that a lot of folks are doing the ice water shower for fun and still make a donation.

The one that hasn’t received as much media attention is a challenge to make a list of 3 things that make you happy and you do this for 5 days. Each day you invite 2 others to do the same. Personally, I think this is a great thing to do. We don’t often take time to identify the things in our lives are the most meaningful. The first couple of days are probably fairly easy. Then we begin to have to differentiate between the things we simply must do and the things that we really enjoy. Posting the lists on social media gives our friends the opportunity to learn just a little about us. And sometimes seeing them in writing can help us to learn a little more about ourselves. Then challenge others and see what they consider enjoyable in their lives.

You don’t have to miss out on this little exercise just because you don’t participate in social media. Challenge yourself to write things down each day that you find enjoyable or consider blessings. They don’t have to meet anyone else’s standards but yours. They could be as small as watching birds around a bird feeder. Make your daily list as long as you wish. Then take some time to reflect and appreciate these things. Acknowledge to God that you recognize these as gifts from Him. He always enjoys hearing from you!

Submitted by Linda Wheeler

Church office contact information:

Pastor • Nola Boezeman pastor@crabtreevalleybaptist.org

Office hours: *Mon-Tues: 8am-3pm & Wed: 8am-2pm*

Secretary • Peggy Utley cvbc@crabtreevalleybaptist.org

Mon-Thurs, 9am-3pm

Website updates/maintenance: webmaster@crabtreevalleybaptist.org

Weekly Church Calendar:

EACH SUNDAY

*9:45am Sunday School
*11:00am Worship Service
*Child care provided downstairs.
2:30-7:00pm Kenyan Fellowship

EACH MONDAY AND WEDNESDAY

9:00am-12:00pm Hope Pantry is open

EACH TUESDAY: 6:00-7:30pm Kenyan Fellowship

EACH WEDNESDAY:

6:30pm Children and Youth Mission groups
7:00pm Bible study & Prayer
7:45pm Choir Practice

EACH THURSDAY:

8:00pm Gamblers Anonymous

EACH FRIDAY: 7:00-9:30pm Kenyan Fellowship

MONTHLY: (4th Thursday of each month)

6:00pm Young Hearts (Senior Adults)

PRAYER CONCERNS:

HOME:

Gerry Campbell
Jim Weaver
Mildred Jenkins
Cassie Glover
Susan Carden – Frances Viano’s daughter
Lee Snyder
Jean Greene
Pam Bilbro

REHAB & CARE FACILITIES:

Al Coley – Sunrise at North Hills – Room 286
Wilton Harris – Heritage Woods Ret. Comm. - Winston-Salem

Calendar of Events

Wednesday, August 20

6:00pm Pastor Nola meeting with Youth – Pizza provided!
7:00pm David Viano – Sharing his mission work in Japan
Love offering to be received to aid mission work

Sunday, August 24

Communion
Crabtree Cafe
Business meeting (following Crabtree Cafe)

Thursday, August 28

Young Hearts - dinner at Relish Cafe

Sunday, August 31

5th Sunday – Benevolent offering



We express our sympathy to the following families:

To the family of Mrs. Sue DeWalt, who passed away Tuesday, August 12. Her funeral was held Friday, August 15 at CVBC. Donations in her memory may be made to Transitions Life Care, 250 Hospice Cir, Raleigh, NC 27607.

To the family of Mrs. Lois Capps, who passed away Monday, August 18. Her service will be held Thursday, August 21 at 2pm, at Mitchell’s Funeral Home, 7209 Glenwood Ave.

Attendance 8/17

Sunday School	36
Visitors	
Total	36

Worship Attendance: 62

Deacon for this week: 8/24 Walt Switzer
Deacon for next week: 8/31 Bonnie Wright

Greeter Schedule (front entrance)

8/24 Youth 8/31 Aladine Rogers

Properties for August

Randy Walker

Ushers for August

Randy Walker Bobby Hayes
Walt Switzer David Jenkins
Alternate: Robert Best



Strike a Pose!

Start your week off right! Our first Yoga class will be Monday, Sept 8 at 12:15. All skill levels are welcome. Bring a yoga mat or large towel. If you’ve never done yoga, this will be a great way to learn!



The Young Hearts will be meeting at Relish Cafe and Bar, located at 5625 Creedmoor Rd, on Thursday, August 28 at 5:30pm. Please sign up at the church or call Grace Small at 919-782-6093.



SHARE THE SONSHINE

This week, August 17-23: Ed and Cassie Glover

Next week, August 24-31: Mildred Jenkins

Copies of the NEW calendar for Sept – Dec, are available on the table in the church narthex. *Let’s Share the Sonshine!*



We are in need of Nursery workers during the 11:00am Worship service. If you are able to help, please sign up in the Narthex.