

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

February 11, 2019

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org) Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)

### Board of Deacons



Monday, February 18

7:00pm Deacons meeting



### Fun for Seniors

Young Hearts Luncheon

Thursday, February 21 at 11:30

The Young Hearts group will be having lunch catered by Smithfield's Chicken and BBQ at the church. The guest speaker will be Bill Alexander, a popular radio & TV personality. Bill is one of the premier elder law and estate planning attorneys in NC. His highly rated Saturday morning broadcast on WPTF and his weekend TV show along with monthly seminars on Estate Planning, *The cost will be \$10.00 per person, deadline to sign up is next Sunday, February 17, if you plan to attend.*

#### Church office contact information:

**Pastor • Charles Allard** Office: 919-781-

5345 Home: 919-606-8360

**Music Director • Risa Poniros**

Office: 919-781-5345

**Secretary • Peggy Utley** Office: 919-781-5345

[cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org)

**Website updates/maintenance**

[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)



### THOUGHT FOR THE WEEK

One of my favorite authors is Gordon MacDonald, pastor, prolific writer of over 24 books, popular public speaker, educator and faithful servant of God. If you are looking for good books to read, books that inspire and challenge you, books with solid, down to earth, practical, thought provoking, spiritually uplifting, insightful illustrations that speak to the heart, read Gordon MacDonald.

Three of his books, "Ordering Your Private World," "Renewing Your Spiritual Passion," and "Rebuilding Your Broken World," have been compiled into one volume and is entitled "Restoring Joy" New Copies of this edition are harder to find but the separate books are available from bookstores and Amazon.com I get no commission for my recommendation. I do however get joy and pleasure for being able to recommend reading material that has been a special blessing to me.

MacDonald's books are theologically sound, easy to read, easy to understand and filled with the kind of practical advice that we all need if we are serious about growing spiritually, getting our life and priorities in order and deepening our relationship with God. You can google the name Gordon MacDonald and find the entire list of his writings.

Some of my Pastor friends have been telling me that they are watching less TV and devoting more time to reading. I am trying to do the same. There is truth in the saying, "You are what you eat" In other words, if you want to be healthy, pay attention to what you eat. The experts will tell you that "nutrients from the foods you eat provide the foundation of the structure, function, and integrity of every little cell in your body, from your skin and hair to your muscles, bones, digestive and immune systems."

In like manner, If you want to be spiritually healthy, loving and serving the Lord with all your mind, heart, soul and strength, consider what you watch on TV, the books and magazines you read, the movies you see. Nutrients from what you feed your mind impact every little cell of your being. Proverbs, the book of Wisdom in the Old Testament says, "Apply your heart to instruction, and your ears to words of knowledge." (Proverbs 23:12). The Apostle Paul writes, "Whatever things are true... noble... just...pure...lovely...of good report...meditate on these things." (Philippians 4:8) Beware! Take note! Pay attention! You will become what you feed into your mind!

In His Love,  
Charles

## Weekly Church Calendar

### EACH SUNDAY:

- \*9:45am Sunday School
- \*11:00am Worship Service
- \*Child care provided downstairs.

### EACH TUESDAY:

- 6:30pm Triangle Toastmasters

### EACH WEDNESDAY:

- 9:00am-12:00pm Hope Pantry is open
- 6:30pm Children and Youth Mission groups
- 6:30pm Bible study & Prayer
- 7:30pm Choir Practice

### EACH THURSDAY:

- 8:00pm Gamblers Anonymous

### MONTHLY: (4<sup>th</sup> Thursday of each month)

- Young Hearts (Senior Adults)

## Calendar of Events:

### Thursday, February 14

Valentine's Day

### Monday, February 18

7:00pm Deacons meeting

### Thursday, February 21

11:30am Young Hearts – Catered lunch at the church

### Monday, February 25

7:00pm Stewardship Committee meeting

### Sunday, March 3

3:00pm Concert

### Attendance                      2/10

Sunday School	23
Worship Attendance	44

**Deacon for week:** 2/17 Elizabeth Best

**Deacon for week:** 2/24 Frances Viano

### Properties for February

Randy Walker

### Ushers for February

Randy Walker	Ben Best
Cecil Brown	Frances Viano



## **SHARE THE SONSHINE**

**Week of February 10-16 Anne Jenkins**

**Week of February 17-23 Jean Greene**

Share the Sonshine is an outreach ministry to our members who are in Rehab or Nursing Home facilities or who are unable to attend church on a regular basis due to health reasons. A list is printed quarterly with each person's name and contact information. We can all be a part of this ministry by sending cards, making a phone or a home visit.

## PRAYER CONCERNS:

### HOME:

Charlie Capps  
Gregg Small  
Anita Culler – daughter of Charles and Gloria Allard  
Sandi Robinson  
Phyllis Goodwin  
George and Louise Shore  
Bonnie Wright

### REHAB & CARE FACILITIES:

Jean Greene – Snow Hill Asst. Living - Snow Hill, NC  
Mary Cain – 806 Springmoor Circle 27615  
Anne Jenkins - Morningside of Raleigh Room 132



On Sunday we received Ms. Elizabeth (Lib) Gordon to our church family as a new member. Be sure to introduce yourself and make her feel welcome!



**Sunday, March 3 at 3:00pm**

**Musical Concert**

featuring

**Pianist, Jean Hatch and  
Organist, Jackson Glover**

*Make plans to join us and invite your friends!*

There are small posters and postcards on the narthex table that you can use to help us promote the concert.

Jean Hatch and Jackson Glover have been working together as teacher and student, respectively, since 2007. Jean received a Bachelor of Music degree from UNC-G. She served on the staff of First Baptist Church, Clinton, NC for 43 years. Jackson Glover is an undergraduate student at The University of North Carolina at Chapel Hill majoring in Biology and minoring in Music and Chemistry. As a college student, Jackson was asked to serve as the Interim, and later Full-time, Organist for Hayes Barton Baptist Church in Raleigh, NC.