

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

July 29, 2019

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



QUARTERLY
Meeting

Sunday, August 4th

Quarterly Business and Café

Following our morning worship

Menu: Spaghetti, Salad, Bread
and assorted Desserts



ORDINATION

Sunday, August 11

Deacon Ordination for Ellen Collins

Church office information:

Pastor • Charles Allard

Office: 919-781-5345

Home: 919-606-8360

Music Director • Risa Poniros

Office: 919-781-5345

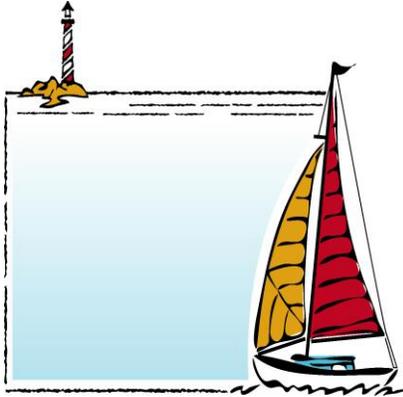
Secretary • Peggy Utley

Office: 919-781-5345

cvbc@crabtreevalleybaptist.org

Website updates/maintenance

webmaster@crabtreevalleybaptist.org



THOUGHT FOR THE WEEK

In my journal last Thursday while vacationing in the sparsely populated area east of Brooksville, Maine, on the beautiful Penobscot Bay, I wrote:

“The early morning and late evening silence of Ocean Garden is simply amazing. No sound of crickets, frogs, no cars or trucks on the road. No airplanes flying overhead. No motor boats in the water. Not even the sound of waves lapping against the jagged rocks that line the coast. No

gulls squawking on shore or in the air. No human voices. Nothing, nothing but silence. A silence that speaks to your soul saying, “Be still and know that I am God.” (Psalm 46:10) Yet in this silence God speaks through the calm waters, the blue sky, the green spruce and fir, the birch trees, the flowers that abound in and around this place. He speaks of peace, tranquility, power, beauty and majesty. In a turbulent world where man stirs hatred, bigotry, violence and war, the soul cries out for this calm, this peace, this stillness.”

For quiet reading, I spent devotional time reading Gordon MacDonald’s book, “The Life God Blesses.” It’s a thought provoking book about spiritual depth, about nourishing the soul in such a manner that when the storms of life come, as they do, you have adequate spiritual resources to deal with them. Whether you refer to your inner life as heart, spirit or soul, it all has to do with the real you – the person you really are when there is no one around – that part that only you and God know. Our inner self is that part of us that cannot be ignored without serious consequences. That inner depth or lack of for which you and I will give an account to God.

Spiritual depth is to our soul what a well-built keel is to a sailboat. A sailboat with a sufficient keel has the ability to confront a storm and even to right itself if turned over by turbulent waters. A sailboat without a proper keel is a disaster waiting to happen. A life without spiritual depth is also a disaster waiting to happen. If we fail to nourish our soul, we rob ourselves of the spiritual resources necessary to face the storms of life. If we fail to worship God, to have our quiet times of meditation, to feed our soul on God’s Word and reflect upon it our lives become hallow and the inevitable storms of life will take their toll upon us.

Without soul food our inner self perishes as sure as our bodies perish without physical food. Jesus warned, “What good will it be for someone to gain the whole world, yet forfeit (starve) their soul?” (Matthew 16:26 NIV) Do you know the peace that Jesus offers? Is your soul crying out for spiritual food? The well-nourished soul is the life that God blesses.

In His Love,
Charles

Weekly Church Calendar

EACH SUNDAY:

- *9:45am Sunday School
- *11:00am Worship Service
- *Child care provided downstairs.

EACH TUESDAY:

6:30pm Triangle Toastmasters

EACH WEDNESDAY:

- 9:00am-12:00pm Hope Pantry is open
- 6:30pm Children and Youth Mission groups
- 6:30pm Bible study & Prayer
- 7:30pm Choir Practice

EACH THURSDAY:

8:00pm Gamblers Anonymous

MONTHLY: (4th Thursday of each month)

Young Hearts (Senior Adults)

Calendar of Events:

Sunday, August 4

Quarterly Business meeting and Café

Sunday, August 11

Deacon Ordination for Ellen Collins

Saturday, August 17

9:00am RBA – Training Extravaganza at Forest Hills Baptist
Detailed information on all courses is available in the lobby.

Thursday, August 22

Young Hearts lunch at Cape Fear Restaurant

Sunday, September 8

3:00pm Greg Buchanan concert

Sunday, September 15

Deacon Ordination for Keith Harris

Attendance 7/28

Sunday School	26
Worship Attendance	42

Deacon for week: 8/4 Gene Sherwood

Deacon for week: 8/11 Beth Jenkins

Properties for August

Randy Walker

Ushers for August

Randy Walker Ben Best
Cecil Brown Frances Viano



SHARE THE SONSHINE

Week of July 28 – August 3 Mary Cain

Week of August 4 – 10 Greg Small

Quarterly lists are available on lobby table.

Share the Sonshine is an outreach ministry to those who are unable to attend church on a regular basis due to health reasons. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.

PRAYER CONCERNS:

HOME:

Jane Williams – fell and broke her back
Iva Snyder
Bonnie Wright – fell last week
Barbara Goodson
George Shore
Greg Small

REHAB & CARE FACILITIES:

Jean Greene – Snow Hill Asst. Living - Snow Hill, NC
Mary Cain – 806 Springmoor Circle 27615
Anne Jenkins - Morningside of Raleigh Room 132
Johnnie Grubbs – Cambridge Hills of Pittsboro – Rm 208
Shane McKewen – Tennessee -friend of Jean and Gene



Wednesday, August 21 at 6:30

Cheryl and Andy will be sharing about their recent mission trip to Guatemala.



Fun for Seniors

Young Hearts Meet & Eat

Thursday, August 22

Cape Fear Restaurant

located at 832 Spring Forest Rd.

Meet at the restaurant at 11am or at the church at 10:30am to carpool.



Sunday, September 8 at 3:00pm

Buchanan Ministires presents

Greg Buchanan, Harpist

Greg is a world-class harpist whose enthusiastic jazz-style of playing sets him in a category all by himself, and his heartfelt sensitivity when playing the hymns leaves one in absolute awe. His superb musicianship, combined with an enthusiastic attitude toward the Christian life, has made him one of the most sought-after Christian performers in America for the past 36 years.