

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

February 17, 2020

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org) Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



- 3/7 Liliana Acevedo  
545 Cooper Rd 27610
- 3/14 Carolyn Altman  
8109 Marvino Lane  
Apt 303 27613
- 3/16 Walt Switzer  
4504 Wingate Dr 27609
- 3/17 Ellen Collins  
225 Brandon Ct 27609
- 3/20 Louise Shore  
Spring Arbor of Cary  
Rm 115  
1705 Kildaire Farm Rd  
Cary, NC 27511
- 3/24 Carolina & Jimmy Harris  
4113 Weaver Dr 27612
- 3/27 Anne Jenkins  
Morningside of Raleigh  
Rm 132  
801 Dixie Trail 27607



### THOUGHT FOR THE WEEK

Some of the world's greatest music and most significant writings are born out of great personal crisis. Such was the case with Dr. Harry Emerson Fosdick, recognized as one of the greatest preachers of the 19<sup>th</sup> Century. His hymn, "God of Grace and God of Glory" is included in hymnals of many different denominations and languages. His most influential book, "The Meaning of Prayer" an immediate best seller, came into being because of a terrifying nervous breakdown that occurred in the second year of his graduate theological study.

Later in his ministry, in response to a plea for help from a woman in Normandy, Missouri who had suffered a mental breakdown, Dr. Fosdick closed his letter with these encouraging words:

"There are two techniques for living – will power and drive; the other – inward receptivity and spiritual hospitality. I judge that you have excellent willpower and that you have relied on it, but now you face the baffling fact that in a nervous breakdown your willpower is sick. What you try hard with has gone to pieces and the harder you try the worse off you are. Let go and let God in.

You may try hard to get to Carnegie Hall on time – that is one technique – but when you are there and a Beethoven Symphony is being played you need another technique all together: spiritual hospitality. I wrote... 'The Meaning of Prayer' because I had a nervous breakdown. I had to learn that second technique."

Being receptive to God is our greatest need. Dr. Fosdick did not learn the technique of "spiritual hospitality" in Seminary. He learned it as a patient in a mental hospital after attempting suicide. He found power for living not through his own strength but by his receptivity to God's strength. When he surrendered his own will to God and immersed himself in God, then and only then did healing come.

In His Love,  
Charles

#### Church office information:

**Pastor • Charles Allard**

Office: 919-781-5345 Home: 919-606-8360

**Music Director • Risa Poniros**

Office: 919-781-5345

**Secretary • Peggy Utley**

Office: 919-781-5345

[cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org)

**Website updates/maintenance**

[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)

## Weekly Church Calendar

### EACH SUNDAY:

- \*9:45am Sunday School
- \*11:00am Worship Service
- \*Child care provided downstairs.

### EACH TUESDAY:

6:30pm Triangle Toastmasters

### EACH WEDNESDAY:

- 9:00am-12:00pm Hope Pantry is open
- 6:30pm Children and Youth Mission groups
- 6:30pm Bible study & Prayer
- 7:30pm Choir Practice

### EACH THURSDAY:

8:00pm Gamblers Anonymous

### MONTHLY: (4<sup>th</sup> Thursday of each month)

Young Hearts (Senior Adults)

## PRAYER CONCERNS:

### HOME:

Bobby and Faye Hayes  
Bonnie Wright  
Jetta Lewis

### REHAB & CARE FACILITIES:

Jean Greene – Snow Hill Asst. Living - Snow Hill, NC  
Mary Cain – 806 Springmoor Circle 27615  
Johnnie Grubbs – Cambridge Hills of Pittsboro – Rm 208  
Louise Shore – Spring Arbor of Cary Rm 115  
1705 Kildaire Farm Rd Cary, NC 27511  
Greg Small – Atria Oakridge Room 226  
10820 Sandy Oak Lane Raleigh 27614  
Anne Jenkins - Morningside of Raleigh Room 132

## Calendar of Events:

### Sunday, February 23

Valentine Banquet following Worship

### Tuesday, February 25

Young Hearts' Brunch and movie

### Wednesday, February 26

Office closing at noon

### Thursday, February 27

Office closed

### Attendance 2/16

|                    |    |
|--------------------|----|
| Sunday School      | 19 |
| Worship Attendance | 46 |

**Deacon for week:** 2/23 Keith Harris

**Deacon for week:** 3/1 Peninah Brown

### Properties for March

Gene Sherwood

### Ushers for March

Robert Best Bobby Hayes  
Darrell Jenkins Whitt Stallings



## SHARE THE SONSHINE

Week of February 16 - 22 Louise Shore

Week of February 23-29 Mary Cain

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.

*Thanks,  
Everyone!*

Many thanks to all those who dropped off food donations for the Hope Pantry! The only area that we are still low on is soup, otherwise we are currently pretty well stocked! Thank you!



**Sunday, February 23**

### **Valentine Banquet following Worship**

*Sponsored by the Youth to raise funds for Passport.*

Make plans to join us for an afternoon of good food, musical entertainment, fun, and lots of love!

*Menu: Appetizers; Sirloin tips on rice; Seasoned vegetable medley; mixed green salad; rolls, Dessert: Strawberry Shortcake and Chocolate Dream.*



### **Young Hearts Outing ~ Brunch and Movie**

**Tuesday, February 25**

Join us at 10:00am for Brunch at Big Ed's restaurant in downtown Raleigh followed by the movie "Hubble 3D" at the IMAX 3D theater at noon. There is a signup sheet in the lobby. Brunch is payable per individual at Big Ed's restaurant.

**➔➔ CHANGE: Deadline to purchase your IMAX ticket has been extended till this Sunday, Feb 23. Payment is \$6.00 per ticket. Please make checks payable to CVBC, you can leave it in the marked envelope on the desk in the office.**