

# CRABTREE VALLEY BAPTIST CHURCH



## THE VALLEY ECHO

March 16, 2020

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: [cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org) Website: [www.crabtreevalleybaptist.org](http://www.crabtreevalleybaptist.org)

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)



**Annie Armstrong Easter Offering**

**Our church goal: \$600.00**

Look for envelopes in your boxed sets and on the lobby table. We will receive this offering through the end of March.



**Passion Week**

**"A Week That Changed the World"**

Please join us for a new Wednesday Night Bible Study beginning March 4 through April 9. We will glean important lessons by looking at the broader picture of daily events that occurred Sunday through Friday and literally changed the world. There are study guides in the lobby.



**Sunday, March 29**

**5<sup>th</sup> Sunday – Benevolent offering**

### Church office information:

**Pastor • Charles Allard**

Office: 919-781-5345 Home: 919-606-8360

**Music Director • Risa Poniros**

Office: 919-781-5345

**Secretary • Peggy Utley**

Office: 919-781-5345

[cvbc@crabtreevalleybaptist.org](mailto:cvbc@crabtreevalleybaptist.org)

**Website updates/maintenance**

[webmaster@crabtreevalleybaptist.org](mailto:webmaster@crabtreevalleybaptist.org)



### THOUGHT FOR THE WEEK

from Pastor Charles

Covid-19 better known as the Coronavirus is in full focus around the world. The more we can learn about the disease and what we can do to protect ourselves the better off we will all be.

We are grateful for Beth Jenkins taking time to speak on this subject during our worship hour last Sunday. Beth works for the Wake County Health Department and is privileged to receive information that is helpful to all of us.

Beth made available some guidelines which we need to take seriously as this virus spreads. Copies are available in the Narthex. Additional information is available in the Narthex from a doctor who was a Professor of Pathology at the University of California in San Diego in the 1970's.

What all of us need to understand is that at the present there is no vaccine available for the Coronavirus and it may take up to two years before one is available. The crisis is upon us and therefore every one of us must take measures which may demand that we change some of our habits to avoid exposure to the virus which attacks the lungs. The basic protective measures are simple and doable.

1. Wash your hands thoroughly throughout the day, for at least 20 seconds after using the bathroom, before eating, after blowing your nose, coughing or sneezing. If soap and water are not available use alcohol-based hand sanitizer with at least 60% alcohol.
2. No handshakes or hugs – use fist or elbow bumps, bow or nod your head.
3. Avoid close contact with people who are sick.
4. Avoid touching your eyes, nose and mouth (something we do unconsciously multiple times a day).
5. Use gloves, wipes or paper towel at the gas pump or to open doors in public places. Use closed fist, elbow or hip to keep door open.
6. Use knuckle to touch light switches, elevator buttons, etc.
7. **STAY HOME IF YOU ARE SICK.**
8. Cover your cough. Sneeze with a tissue then throw the tissue away
9. Clean and disinfect frequently touched objects and surfaces such as doorknobs, tables, metal surfaces, car door using household spray or wipe.
10. Use paper towels, disposable Latex gloves or wipes at gas pumps, on shopping carts or areas thought to be contaminated.
11. Avoid large crowds at public events and when in public keep your distance from others as much as possible.
12. Unless you are sick or have an emergency avoid visits to the hospital.
13. Pray for one another, use telephone to visit with others, share prayer concerns with church office, Pastor, or Deacon.
14. If you are unable to attend Sunday School, Worship or Prayer Service, please mail your tithes and offerings to the church as expenses continue even when attendance is impossible.

## Weekly Church Calendar

### EACH SUNDAY:

- \*9:45am Sunday School
- \*11:00am Worship Service
- \*Child care provided downstairs.

### EACH TUESDAY:

6:30pm Triangle Toastmasters

### EACH WEDNESDAY:

- 9:00am-12:00pm Hope Pantry is open
- 6:30pm Children and Youth Mission groups
- 6:30pm Bible study & Prayer
- 7:30pm Choir Practice

### EACH THURSDAY:

8:00pm Gamblers Anonymous

### MONTHLY: (4<sup>th</sup> Thursday of each month)

Young Hearts (Senior Adults)

## PRAYER CONCERNS:

### HOME:

Frances Viano  
Bobby and Faye Hayes  
Bonnie Wright  
Jetta Lewis

### REHAB & CARE FACILITIES:

Jean Greene – Snow Hill Asst. Living - Snow Hill, NC  
Mary Cain – 806 Springmoor Circle 27615  
Johnnie Grubbs – Cambridge Hills of Pittsboro – Rm 208  
Louise Shore – Spring Arbor of Cary Rm 115  
1705 Kildaire Farm Rd Cary, NC 27511  
Greg Small – Atria Oakridge Room 226  
10820 Sandy Oak Lane Raleigh 27614  
Anne Jenkins - Morningside of Raleigh Room 132

## Calendar of Events:

### **Monday, March 16**

7:00pm Deacons Meeting

### **Tuesday, March 24**

Spring Senior Adult Rally at Salem Baptist Church

### **Sunday, March 29**

5<sup>th</sup> Sunday ~ Benevolent offering

### **Sunday, April 5 ~ Palm Sunday**

5:00pm Easter Cantata

### **Sunday, April 12 ~ Easter**

6:30am Sunrise Service

11:00am Worship service



## **WE HAVE NEW CHURCH TRANSPORTATION!**

We are delighted to report that Crabtree Valley Baptist Church is now the proud owner of a beautiful 2019 fifteen passenger Ford Van. The van replaces the church bus which was sold last year. The convenience of owning our own Van will greatly benefit all ages of the church family. The Van will greatly benefit the gathering of children for our Wednesday night program. It will benefit our Youth Ministry in community mission projects, special activities and summer Passport travel. It will benefit our seniors who find more safety in attending RBA meetings, special events, fellowship outings to restaurants and travel to places of interest rather than driving their own cars. It can also be used for an outreach ministry to Assisted Living Homes as the need arises.

The purchase of the Van was approved at the January 26, 2020 business meeting after months of discussion and prayer. Special appreciation goes to Randy Walker, Charlie Jones and Bobby Hayes for their time and persistence in negotiating the purchase of the Van within the guidelines set by the church. The Properties Committee will be working on guidelines for the use of the van and hopefully will have a proposal to make for church approval at the April 26, business meeting. We will have a Service of Dedication for the Van following the worship hour on March 15. TO GOD BE THE GLORY.

| <u>Attendance</u>  | <u>3/8</u> |
|--------------------|------------|
| Sunday School      | 24         |
| Worship Attendance | 46         |

**Deacon for week:** 3/15 Iva Snyder  
**Deacon for week:** 3/22 Beth Jenkins

### Properties for March

Gene Sherwood

### Ushers for March

Robert Best      Bobby Hayes  
Darrell Jenkins    Whitt Stallings



**Week of March 8-14 Johnnie Grubbs**  
**Week of March 15-21 Anne Jenkins**

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.