

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

November 30, 2020

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)

GUEST
PREACHER

Rev. Brent Rector will be our returning guest speaker next Sunday, December 6th. Brent is a native of Mt. Airy, NC. He completed his degree at UNC Greensboro and then graduated from Southeastern Baptist Theological Seminary. Brent has served as Associate Pastor in 4 different churches both in Virginia and North Carolina, with the last 17 of his 40 years in ministry at Woodhaven Baptist Church in Apex.



DEACON OF THE WEEK:

11/29 Jean Glosson

12/6 Barbara Goodson

Next Meeting will be
Sunday, Dec 13 at 2:30pm



“What Do You Do With What You’ve Got”

I will praise You, for I am *fearfully and wonderfully made*...Psalm 139:14

This is not Anatomy 101 but have you ever stopped to think about how *fearfully and wonderfully* we are made?

Do you think God is pleased with his creation?
Are you using your body to bring glory to God and witness in His name?
Are you living up to our Creator’s expectations?
Do you take time to say thanks to God?

Most seniors would have to admit that, like an old car or truck, our parts do not work as well as they used to. However, we know that there are still many opportunities for us to give thanks and ways in which we can witness for Him.

What are your eyes, ears, nose, mouth, face, hands, legs/feet and heart saying about you?

I beseech you, my brethren, that you present your bodies a living sacrifice, holy, acceptable unto God. Romans 12:1

Your body is a temple of the Holy Spirit, who lives in you and was given to you by God. I Corinthians 6:19

Opportunities vs Temptations: The same eyes, ears, nose, mouth, face, hands, legs/feet and heart that can witness for God can be used negatively if we yield to temptations. **What we do with our bodies is a positive or negative testimony of our relationship to God. The choice is ours!**

EYES: Thank you God for eyes to see the beauty of your creation, to read the Bible and other books, and to recognize and respond to the needs of people around us.

Open my eyes to see the wonderful truths in your instructions. Psalms 119:18

Blessed are your eyes; because they see and your ears, because they hear.

Matt 13:16

EARS: Thank you God for ears to hear the sounds of nature and our world, the laughter of children, the joy of conversation, the sounds of danger, beautiful music, and your word being preached and taught.

Tune your ears to wisdom, and concentrate on understanding. Proverbs 2:2

...you must all be quick to listen, slow to speak, and slow to get angry.

James 1:19

NOSE: Thank you God for a nose to sense danger, breathe clean air, and smell the aromas of good food and nice cologne.

Then the Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life and the man became a living person. Genesis 2:7

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Church office information:

Music Director • Risa Poniros

Secretary • Peggy Utley 781-5345

cvbc@crabtreevalleybaptist.org

Website updates/maintenance

webmaster@crabtreevalleybaptist.org



SHARE THE SONSHINE

Week of Nov 29-Dec 5 Louise Shore

Spring Arbor of Cary - Rm 115

1705 Kildiare Farm Rd Cary, NC 27511

What Do You Do With What You've Got - continued

MOUTH/VOICE: Thank you God for a mouth and voice to have conversation, ask questions, give directions, teach, counsel, comfort, eat, drink, sing praises to you and witness in your name.

May the words of my mouth and the meditations of my heart be acceptable to you.... Psalm 19:14

Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

Ephesians 4:29

FACE: Thank you God for giving us a face that sets us apart from anyone else and facial expressions that indicate joy, sorrow, compassion and love.

A glad heart makes a happy face.... Proverbs 15:13

A cheerful look brings joy to the heart. Proverbs 15:30

HANDS: Thank you God for hands to hold, catch, throw, help others, work, play musical instruments, and hands that fold themselves to pray.

I will praise you as long as I live, lifting up my hands to you in prayer. Psalm 63:4

...Use your hands for good hard work and then give generously to others in need. Ephesians 4:28

LEGS/FEET: Thank you God for legs and feet to walk, run, climb, roam, bicycle, travel, visit people in need, shop for food and clothing, and kneel to pray.

Seek his will in all you do, and He will show you which path to take. Proverbs 3:6

Happy are those who hear the joyful call to worship, for they will walk in the light of your presence, Lord.

Psalm 89:15

HEART: Thank you God for the sound of a heartbeat - life itself - and for a heart filled with love for you and compassion and caring for people and your creation.

And you must love the Lord your God with all your heart, all your soul, and all your strength. Deuteronomy 6:5

Trust in the Lord with all your heart; do not depend on your own understanding. Proverbs 3:5

In conclusion, these words from Ephesians 4:16. Paul is speaking about gifts for building up the church, the body of Christ. "He makes the whole body fit together perfectly. As each part does its own special work, it helps all the other parts grow, so that the whole body is healthy and growing and full of love."

Fearfully and Wonderfully Made?

Of course!

GOD'S PLAN—GOD'S WAY

Christ is just like the human body – a body is a unit and has many parts; and all the parts of the body are one body, even though they are many. 1 Corinthians 12:12

-Submitted by Jean Glosson

Prayer Concerns:

HOME

Jim Weaver

Armando and Margo Martinez

Anne Barden

Jetta Lewis

Charlotte Phelps (friend of Jean's)

Marci Phelps – Charlotte's daughter (friend of Jean Glosson)

Teresa Smith – recurrence of brain tumor (friend of Peggy's)

REHAB & CARE FACILITIES:

Gertrude Harris – Universal Health Care – Fuquay-Varina

Anne Jenkins – Morningside on Dixie Trail - Room 132

Johnnie Grubbs – Cambridge Hills of Pittsboro – Room 208

Louise Shore – Spring Arbor of Cary - Rm 115

Greg Small –Atria Oakridge- Apt 214

Bonnie Wright – The Reserve at Mills Farm in Apex

Aladine Rogers – Fell and broke her hip, currently in the Stewart Health Center at Springmoor for rehab.

OTHER:

Sonshine Person of the Week

The Price family – Missionaries in Wales

Our church – Pastor search



Make Sunday, December 6th your "One Stop Drop and Shop!"

Stop by to pick up a meal, shop the Craft Sale, drop off your Christmas cards, December Missions and Staff Love offerings all at one time!

Drive-Thru Cafe – Youth Fundraiser

Sunday, December 6, 2020

11:00am- 1:00pm

\$10 per plate (entrée & dessert)

The **craft sale** items will be on display during regular office hours (Mon-Thurs 9:00-3:00) and on Thursday evenings at 6:30pm when the Sunday service is being recorded. **Also available during the Drive-thru Café.**

Benevolent Fund – Youth Fund

Collection is extended to Dec 6 to take advantage of our One Stop Drop & Shop.

The **Lottie Moon Christmas card box** is in the hallway. Use this box to exchange cards with other members. In lieu of postage, please make a donation to the Lottie Moon and/or to the CBF Global Missions offering.

This year we are using our **Angel Tree** to help with the **"Welcome House Christmas Gift Bag Mission Project."**

The deadline for gifts and money is Wed, Dec 9 for bags to be prepared by Dec 13. *Make checks payable to CVBC – note gift bag on the memo line.*