

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

June 7, 2021

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622

Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345

Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org

Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)

PASTOR'S SCHEDULE

This week Pastor Johnny will be in the office on Saturday, June 12 from 9-12pm. If at any time, you need to talk with him, you can contact him by sending a text or calling 919-691-1701, or e-mail to jkrich6@hotmail.com.



Sunday, June 20

— STAYING — CONNECTED

Our Virtual Worship Service
is released by 11am on Sunday

<https://www.crabtreevalleybaptist.org/sermons/>

You can also find current and past sermons on Youtube.

https://www.youtube.com/results?search_query=crabtree+valley+baptist+church

Church office information:

Interim Pastor • Rev. Johnny Richards

Music Director • Risa Poniros

Secretary • Peggy Utley

Youth Leader • Ashley Walker

Website updates/maintenance

webmaster@crabtreevalleybaptist.org



From the Pastor's Heart...

We are approaching the time when folks will take vacations. Graduations will be taking place this week, and some have already taken place. It is time for rest and relaxation from the stress and difficulties of the school year. For some, this will be the first time to get away since the pandemic began. It is good to be able to get away. Some people feel guilty about taking a break in life. We shouldn't. Even Jesus had to take a break and rest at times. We all want to be superhuman, but we are not. We need to take care of ourselves.

In an article from justbetweenus.org, Pete Briscoe and Patricia Hickman share about the times when Jesus just needed a break and some rest. There are five different times they speak of this. (1) **Jesus took a break after he fed the 5000.** (Matthew 14:22-23) That must have been a tiring time, both physically and mentally. Having a little food and making it stretch to feeding everyone, with some left over. He was tired and he needed to be away from even His disciples. So He sent them in the boat and he went to the mountain to pray, and rest. (2) **Jesus took a break before making a big decision.** (Luke 6:12-13) Before Jesus called the disciples, He needed to go away and pray, to make sure He made the right choices. (3) **Jesus took a break after a heavy period of ministry.** (Mark 6:30-32) After hearing all the disciples had done, and realizing they had not had a chance to rest, Jesus told them to come with Him and rest. Our bodies do grow weary and tired and we need to rest. None of us can do all we do without taking time for ourselves. (4) **Jesus took rest when He'd had enough of people.** (Mark 7:24) This may sound strange, but there were times when Jesus was done with people for a little bit. It did not mean he did not love them and care about them, he had just reached his people limit. It happens. Even the biggest extrovert needs a little time from people. (5) Finally, **Jesus took a break when he was about to face an intimidating task.** (Luke 22:41) As Jesus knew He was about to be betrayed, arrested and crucified, He went out to pray. He needed to be alone. Sure, He took three disciples with Him, but He needed to get away and pray.

As you can see, even Jesus needed to take a break and rest. However, the one thing He did do, even in His rest, was stay connected to the Father. This summer, as you understand the importance of resting and renewing your energy, do it staying connected to God. Make sure you read your Bible, pray and do the things that keep you close to God. Even in our rest, we need to find our strength. Until next week..

Peace and Blessings...
Johnny

Calendar of Events:

Saturday, June 12

9am-12pm Pastor's office day

Tuesday, June 15

6:00pm Deacons meeting

Wednesday, June 16

6:30pm Ice Cream Social

Sunday, June 20

Father's Day

Wednesdays, June 30 – July 28

9am-12pm VBS (each Wed)

Deacon for week: 6/13 Barbara Goodson

Deacon for week: 6/20 Keith Harris

Properties for June

David Jenkins

Sunday Morning Greeters:

1st Frances Viano 2nd Iva Snyder

3rd & 5th Cecil Brown 4th Cheryl Jones



SHARE THE SONSHINE

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards, making phone calls or a visit.

Person of the week - June 6-12

Johnnie Grubbs

Cambridge Hills of Pittsboro

Room 208

140 Brookstone Lane Pittsboro, NC 27312



Thanks to everyone who attended worship on Sunday. We had 44 people, including a few "first time" visitors in attendance! It was a special time of getting together and worshipping with those we have not worshipped with in over a year. We are indeed blessed and I want to thank you for making Crabtree Valley Baptist Church a special place. As we were reminded during worship: "To God be the glory, great things He hath done."

I look forward to seeing you again next week!

Johnny

Prayer Concerns:

HOME

Gene Sherwood – recovering from surgery

Bobby Hayes – fell and broke his shoulder

Frank Mills (husband of our Treasurer, Liz)

Norwood Walker – Randy's father, under Hospice care

Anne Barden

Jetta Lewis

Charlotte Phelps (friend of Jean's)

Marci Phelps – Charlotte's daughter (friend of Jean Glosson)

REHAB & CARE FACILITIES:

Anne Jenkins – Morningside on Dixie Trail - Room 132

Johnnie Grubbs – Cambridge Hills of Pittsboro – Room 208

Greg Small – Sunrise of Raleigh, Apt 204

Bonnie Wright – The Reserve at Mills Farm in Apex – Villa A

OTHER:

Sonshine Person of the Week

The Price family – Missionaries in Wales



Ice Cream Social

Wednesday, June 16 at 6:30

We will be serving ice cream and all the trimmings.

Please make plans to join us!



Vacation Bible School is back!

Wednesday Mornings 9am-12pm

The focus and theme will vary week to week.

June 30

July 7

July 14

July 21

July 28

Please contact Cheryl Walker if you're able to help! 919-632-1427