

CRABTREE VALLEY BAPTIST CHURCH



THE VALLEY ECHO

September 27, 2021

Please mail all correspondence to: P.O. Box 30954, Raleigh, NC 27622
Church location: 4408 Lead Mine Rd Raleigh, NC 27612 Phone: (919) 781-5345
Email: cvbc@crabtreevalleybaptist.org Website: www.crabtreevalleybaptist.org
Church Office hours: Monday-Thursday 9am-3pm (closed on Friday)

PASTOR'S SCHEDULE

This week Pastor Johnny will be in the office on Saturday, October 2 from 9am-noon.



- 10/1 Ernie Rushing
1915 Brodgen Lane
Durham 27703
- 10/5 Sandi Robinson
1119 Salinas Valley Dr
Wake Forest 27587
- 10/18 Santiago Harris
4113 Weaver Dr 27612
- 10/20 Shannon Robinson
5538 Spindlewood Ct
Durham, NC 27703
- 10/25 Charlie Jones
8201 Primanti Blvd 27612

Church office information:
Interim Pastor • Rev. Johnny Richards
Music Director • Risa Poniros
Secretary • Peggy Utley
Youth Leader • Ashley Walker
Website updates/maintenance
webmaster@crabtreevalleybaptist.org

From the Pastor's Heart...



I hate pain. I hate pain medicine worse. It really makes me sick on my stomach, and, it really knocks me out. When I had neck surgery in 2011, the doctor gave me pain medicine when I went home. I don't remember a lot about it. However I do remember it made me really groggy. I could barely focus my eyes and felt best if I just closed my eyes. I just could not keep my focus with the medicine in my system.

We live in a world that, at times, seems hard to watch. It's hard to watch the news. It's hard to watch programs. At times, things are just hard to look at. The reason is because the world has gotten a bit chaotic. Don't get me wrong, I still enjoy living and doing the things I do. It's just that the world has become a little off center. For me, when things are not the way I feel, or hope, they should be, I become a little unnerved. I tend to wonder, "what is it going to take to get things back the way they should be?"

Because the world seems to be that way at times, the next four Sundays I am going to be talking about how we can stay focused, or how we can keep our focus in a chaotic world. When I was doing my residency in hospital chaplaincy, every morning the chaplains would meet in the hospital chapel and begin the day with a devotion, announcements and prayer. It was a way of centering ourselves for the day ahead. There were actually times when the person in charge would tell us to put our feet flat on the floor in front of us, put our hands in our laps, and close our eyes. We were then challenged to allow our minds to relax and put away the thoughts we were having and focus on the present time. As weird as it felt, it worked. There is something about just centering our lives and our hearts on the present time.

During the month of October, I want to help us center our lives on God. I am going to use the first four letters of the alphabet to help us focus and center our hearts and minds on what He wants us to be and do in our relationship with Him. We will be talking about abiding in Christ and also having communion; believing in Christ, calibrating our lives with Christ and discerning His direction for our lives. All of these things will help us focus on Him and keep us centered on the task at hand.

It's really hard to serve God if we can't focus on Him. It is really hard to focus on Him if we are consistently having the things of the world get in our way. So, as we worship in October, put your feet flat on the floor, place your hands in your lap, close your eyes, and focus on God. It is the only way to stay focused in a chaotic world. Until next week...

Peace and Blessings... Johnny



SHARE THE SONSHINE

Share the Sonshine is an outreach ministry. We can all be a part of this ministry by praying for these individuals, sending cards or making phone calls.

Week of Sept 26 – Oct 2

Attn: Mr. Greg Small

The Oaks at Mayview

513 East Whitakar Mill Rd Raleigh 27608

**New address, Greg was recently moved.*

Deacon for this week: 9/26 Sue Edwards

Deacon for next week: 10/3 Barbara Goodson

Properties for October: Whitt Stallings

Monthly Sunday Morning Greeters:

1st Frances Viano 2nd Iva Snyder

3rd & 5th Cecil Brown 4th Dee Bullock



SAVE THE DATE!

We will be having a Wedding Shower Brunch for Ashley Walker and Tyler Humphries on Saturday, October 16 from 10am-noon in the Fellowship Hall. It is open to all of the church (not just the ladies). If you would like to give a gift to the couple, Ashley and Tyler have requested gift cards such as – Amazon, Walmart, Target or Food Lion.



Please Join Us for an
“EAT, MEET & GREET”

for our new Youth Director, Anna Clark
on Wednesday, September 29, 2021

from 6:00-7:00pm in the Church Fellowship Hall

We will have drinks and assorted desserts.

(This event will take place in lieu of our weekly Bible Study and Prayer Meeting.)

Prayer Concerns:

HOME

Catherine Mullins

Jane Williams

Frank Mills (pancreatic cancer)

Anne Barden

Jetta Lewis

Marci Phelps – Charlotte’s daughter (friend of Jean Glosson)

Charlotte Phelps (friend of Jean Glosson)

REHAB & CARE FACILITIES:

Anne Jenkins – Morningside on Dixie Trail - Room 132

Johnnie Grubbs – Cambridge Hills of Pittsboro – Room 208

Bonnie Wright –The Reserve at Mills Farm in Apex – Villa A

Greg Small – The Oaks at Mayview (formerly Mayview)

OTHER:

Sonshine Person of the Week

The Price family – Missionaries in Wales



October Sermon Series

“Keeping Our Focus in a Chaotic World”

October 3

We Need to Abide in Christ
(Ephesians 3:17-19)

October 10

We Need to Believe in Christ
(Psalm 27:1-14)
(Communion Sunday)

October 17

We Need to Calibrate Our Lives to Christ
(Proverbs 4:20-27)

October 24

We Need to Discern God’s Direction
(John 10:1-18)

October 31

Is It Really Wrong to Do This?
(Genesis 3:1-7)



TAKE AND EAT DRINK

We will observe the Lord’s Supper
on Sunday, October 10.